



# Sing Along with Gloria

First and Third Tuesdays of the Month  
11:00 am - 11:30 am

on Zoom at <https://us02web.zoom.us/j/84252920734>

Meeting ID: 842 5292 0734

February through May 2021

[www.DalyCitySeniors.org](http://www.DalyCitySeniors.org)



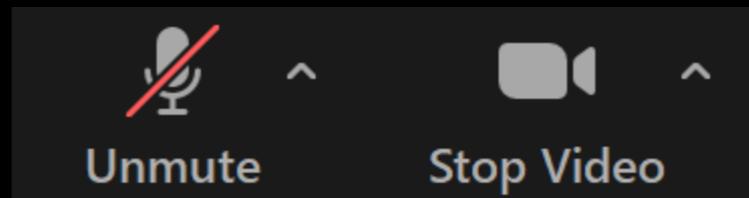
**Folks Songs of Peter, Paul & Mary**  
**June 1, 2021**

# Welcome & Zoom Housekeeping

Good morning everyone!

We have another wonderful morning of music and fun ahead.

Please remember to put your mic on “mute” before we start singing as it isn’t possible to truly sing together over Zoom.



The Zoom “chat” feature is on and songbook notes are there for our ukulele players.

If you have requests for future Sing Along with Gloria programs, please enter them in chat.

Here we go...

# **Song List for Ukulele Players**

**I'd Like to Teach the World to Sing** (*Yellow, p. 102*)

**Song #1: Early Mornin' Rain** (*Brown, p.31*)

**Song #2: If I Had a Hammer** (*Yellow, p.79*)

**Song #3: This Land is Your Land** (*Yellow, p. 162*)

**Song #4: The Times They Are a Changin'** (*Brown, p. 126*)

**Song #5: Lemon Tree** (*Yellow, p. 68*)

**Song #6: Puff, the Magic Dragon** (*Brown, 96*)

**Song #7: The Marvelous Toy** (*Toast, p. 33*)

**Song #8: Leaving on a Jet Plane** (*Brown, p. 66*)

**Closing Song: Happy Trails** (*Yellow, p. 56*)

# I'd Like to Teach the World to Sing

*(Yellow, p. 73)*

I'd like to build a world a home and furnish it with love  
Grow apple trees and honey bees and snow white turtle doves

I'd like to teach the world to sing in perfect harmony  
I'd like to hold it in my arms and keep it company

I'd like to see the world for once all standing hand in hand  
And hear them echo through the hills for peace throughout the  
land

***That's the song I hear. Let the world sing today  
A song of peace that echoes on and never goes away***



## Peter, Paul and Mary

an American [folk](#) trio formed in New York City during the [American folk music revival](#) in 1961. The trio sang together from 1961–1970 and then from 1981–2009. Since the death of Mary in 2009, Peter and Noel Paul continue to sing together.

Intro to Song #1:

"**Early Mornin' Rain**" was written, composed, and recorded by Canadian singer-songwriter Gordon Lightfoot in 1964. The genesis took root during his 1960 sojourn in Westlake, Los Angeles. Throughout this time, Lightfoot sometimes became homesick and would go out to the Los Angeles International Airport on rainy days to watch the approaching aircraft. The image of the flights taking off into the overcast sky was still with him when, in 1964, he was caring for his 5-month-old baby son and he thought, "I'll put him over here in his crib, and I'll write myself a tune."



# Early Mornin' Rain

*(Brown, p.31)*

In the early morning' rain with a dollar in my hand  
And an achin' in my heart and my pockets full of sand  
I'm a long way from home and I miss my loved one so  
In the early morning' rain with no place to go

Out on runway number nine, big seven-o-seven set to go  
But I'm out here on the ground, where the pavement never grows  
Well the liquor tasted good and the women all were fast  
There she goes my friend she's rollin' down at last

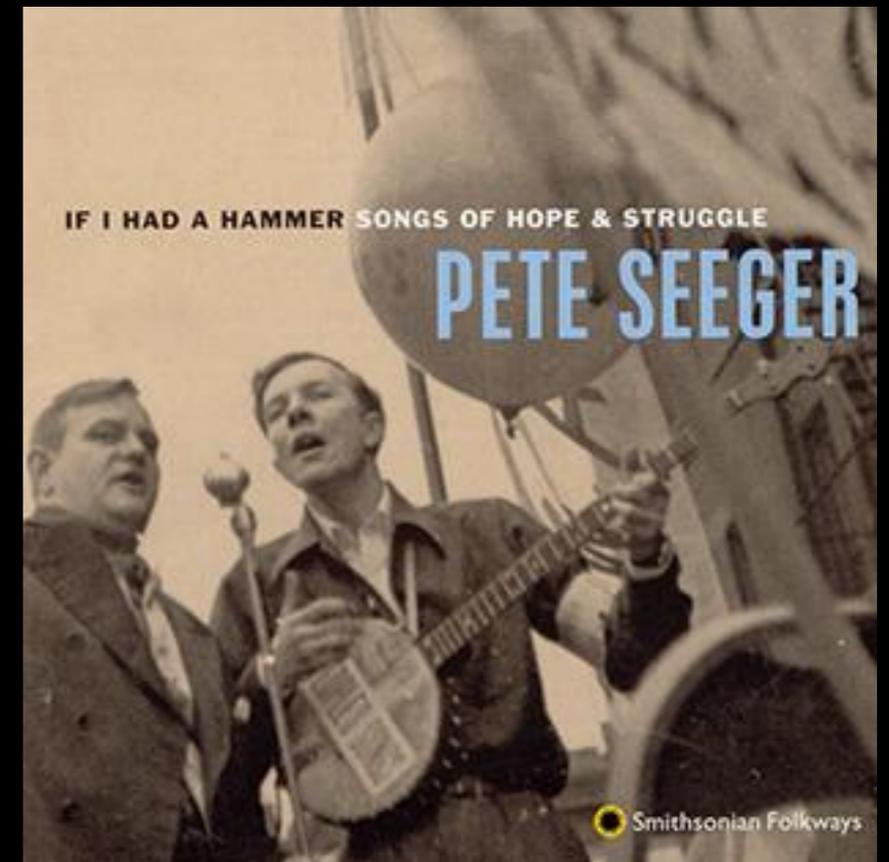
# Early Morning' Rain - continued

Hear the mighty engine roar see the silver wing on high  
She's away and westward bound far above the clouds she'll fly  
Where the mornin' rain don't fall and the sun always shines  
She'll be flyin' o'er my home in about three hours time

This old airport's got me down it's no earthly good to me  
'Cause I'm stuck here on the ground cold and drunk as I might be  
You can't jump a jet plane like you can a freight train  
So I'd bet be on my way in the early morning' rain (2X)

## Intro to Song #2:

The Hammer Song is a protest song written by Pete Seeger and Lee Hays. It was written in 1949 in support of the Progressive movement, and was first recorded by The Weavers, a folk music quartet composed of Seeger, Hays, Ronnie Gilbert, and Fred Hellerman. The song fared notably better in commercial terms when “If I Had a Hammer” was recorded by Peter, Paul and Mary twelve years later in 1962.



# If I Had a Hammer

*(Yellow, p.79)*

If I had a hammer, I'd hammer in the morning  
I'd hammer in the evening, all over this land.  
I'd hammer out danger, I'd hammer out warning  
I'd hammer out love between by brothers and my sisters  
All over this land

If I had a bell, I'd ring it in the morning, I'd ring it in the evening....

If I had a song, I'd sing it in the morning, I'd sing in the evening...

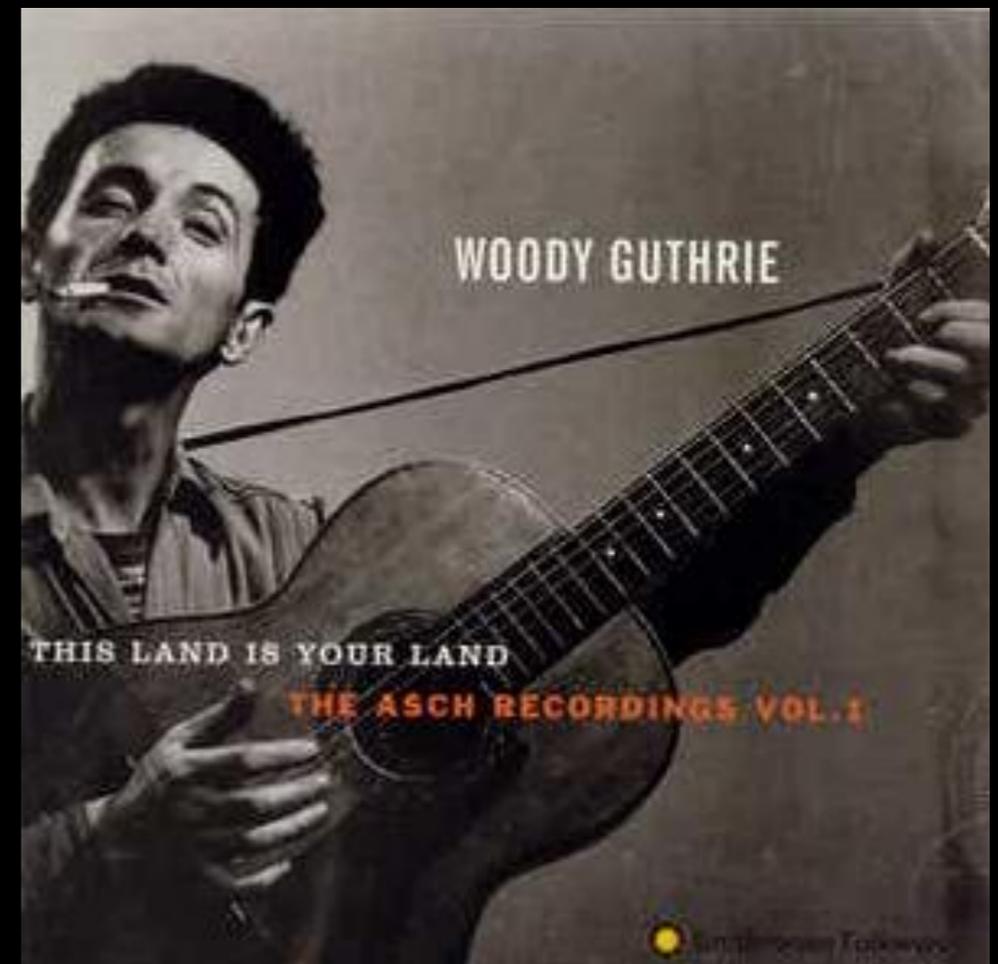
Well, I got a hammer, and I got a bell  
And I got a song to sing all over his land  
It's the hammer of justice, it's the bell of freedom  
It's the song about love between my brother and my sisters  
All over this land (3X)

Intro to Song #3:

**"This Land Is Your Land"** is one of the United States' most famous folk songs. Lyrics were written by Woody Guthrie in 1940, based on an existing melody, the Carter Family tune, "When the World's on Fire". In 2002, "This Land Is Your Land" was one of 50 recordings chosen that year by the Library of Congress to be added to the National Recording Registry.

Guthrie's melody was very similar to the melody of "Oh, My Loving Brother", a Baptist gospel hymn that had been recorded by the Carter Family as "When the World's On Fire." He used the same melody for the chorus and the verses. However, the melodic phrase for his fourth line ("This land was made for you and me") is found in neither the hymn nor the Carter Family melodies.

A 1945 pamphlet confirms that the last two verses are critical of profiteering and racist practices in housing were original. The verses deemed critical of America are not often performed in schools or official functions. It is sung with different words at various times with political interpretations.



# This Land is Your Land

*(Yellow, p. 162)*

**This land is your land, this land is my land  
From California to the New York island  
From the redwood forest to the Gold Stream waters**

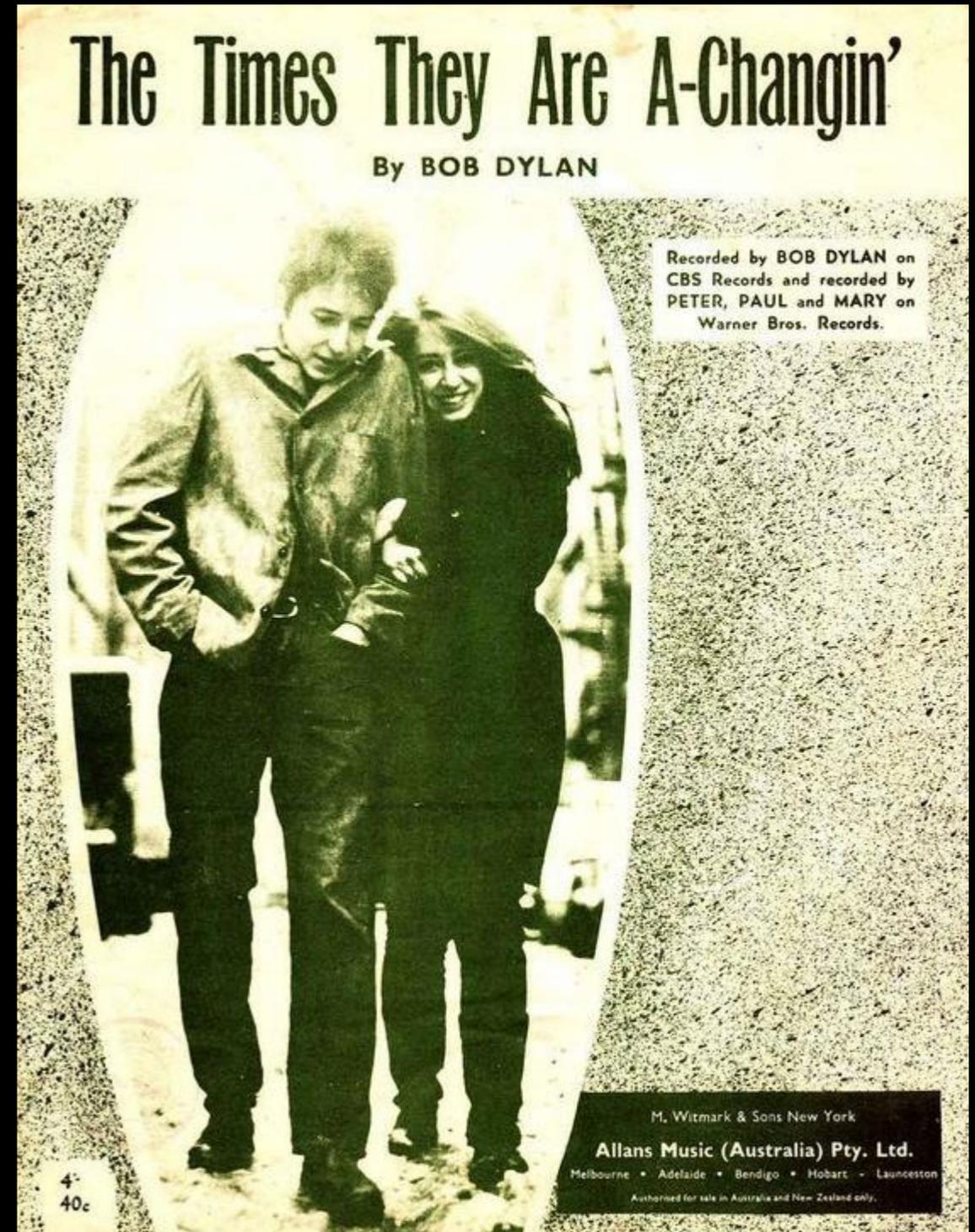
As I was walking that ribbon of highway  
I saw above me that endless skyway  
I saw below me that golden valley  
This Land was made for you and me *(chorus)*

I roamed and rambled and I followed my footsteps  
To the sparkling sands of her diamond deserts  
And all around me a voice was sounding  
This land was made for you and me *(chorus)*

When the sun came shining and I was strolling  
and the wheat fields waving and the dust clouds rolling  
A voice was chanting as the fog was lifting  
This land was made for you and me *(chorus)*

Intro to Song #4:

**"The Times They Are a-Changin'"** was written by Bob Dylan and released as the title track of his 1964 album of the same name. Dylan wrote the song as a deliberate attempt to create an anthem of change for the time, influenced by Irish and Scottish ballads, 'Come All Ye Bold Highway Men', 'Come All Ye Tender Hearted Maidens'. Dylan recalled writing the song as a deliberate attempt to create an anthem of change for the moment. In 1985, he told Cameron Crowe, "This was definitely a song with a purpose. I wanted to write a big song, with short concise verses that piled up on each other in a hypnotic way.



# The Times They Are a Changin'

*(Brown, p. 126)*

Come gather 'round people wherever you roam  
And admit that the waters around you have grown  
And accept it that soon you'll be drenched to the bone  
If your time to you is worth savin'  
Then you better start swimmin' or you'll sink like a stone  
**For the times they are a changin'**

Come mothers and fathers throughout the land  
And don't criticize what you can't understand  
Your sons and your daughters are beyond your command  
Your old road is rapidly aging  
Please get out of the new one if you can't lend your hand,  
**For the times they are a changin'**

The line it is drawn, the curse it is cast  
The slow one now will later be fast  
As the present now will later be past  
The order is rapidly fadin'  
And the first one now will later be last,  
**For the times they are a changin'**

## Intro to Song #5:

The tune Lemon Tree is based on the Brazilian folk song *Meu limão, meu limoeiro*, arranged by José Carlos Burle in 1937 and made popular by Brazilian singer Wilson Simonal. The song compares love to a lemon tree: "Lemon tree very pretty, and the lemon flower is sweet, but the fruit of the poor lemon is impossible to eat." Peter, Paul and Mary's version marked the trio's first appearance on the US Hot 100 in 1962.



# Lemon Tree

*(Brown, p. 68)*

When I was just a lad of ten, my father said to me  
“Come here and take a lesson from the lovely lemon tree  
Don’t put your faith in love, my boy” my father said to me  
“I fear you’ll find that love is like the lovely lemon tree”

Lemon tree very pretty and the lemon flower is sweet  
But the fruit of the poor lemon is impossible to eat

Beneath that lemon tree one day, my love and I did lie  
A girl so sweet that when she smiled, the stars rose in the sky  
We passed the summer lost in love, beneath the lemon tree  
The music of her laughter hid my father’s words from me *(chorus X2)*

One day she left without a word - she took a way the sun  
And in the dark she left behind, I know what she had done  
She left me for another. It’s a common tale but true  
A sadder man, but wiser now, I sing this song to you *(chorus X2)*

## Intro to Song #6:

Released in 1963, "Puff, the Magic Dragon", with music by Yarrow and words based on a poem that had been written by a fellow student at Cornell, Leonard Lipton. Despite rumors that the song refers to drugs, it is actually about the lost innocence of childhood.

## PETER, PAUL & MARY

*Puff The Magic Dragon*



# Puff, the Magic Dragon

*(Brown, 96)*

Puff the magic dragon lived by the sea  
And frolicked in the autumn mist in a land called Honah Lee  
Little Jackie Paper loved that rascal Puff  
And brought him strings and sealing wax and other fancy stuff

Oh, Puff the magic dragon lived by the sea  
And frolicked in the autumn mist in a land called Honah Lee  
Puff the magic dragon lived by the sea  
And frolicked in the autumn mist in a land called Honah Lee

Together they would travel on a boat with billowed sail  
Jackie kept a lookout perched on Puff's gigantic tail  
Noble kings and princes would bow where'er they came  
Pirate ships would lower their flags when Puff roared out his name

## **Puff, the Magic Dragon - continued**

Oh, Puff the magic dragon lived by the sea  
And frolicked in the autumn mist in a land called Honah Lee  
Puff the magic dragon lived by the sea  
And frolicked in the autumn mist in a land called Honah Lee

A dragon lives forever, but not so little boys  
Painted wings and giant's rings make way for other toys  
One gray night it happened, Jackie Paper came no more  
And Puff, that mighty dragon, he ceased his fearless roar

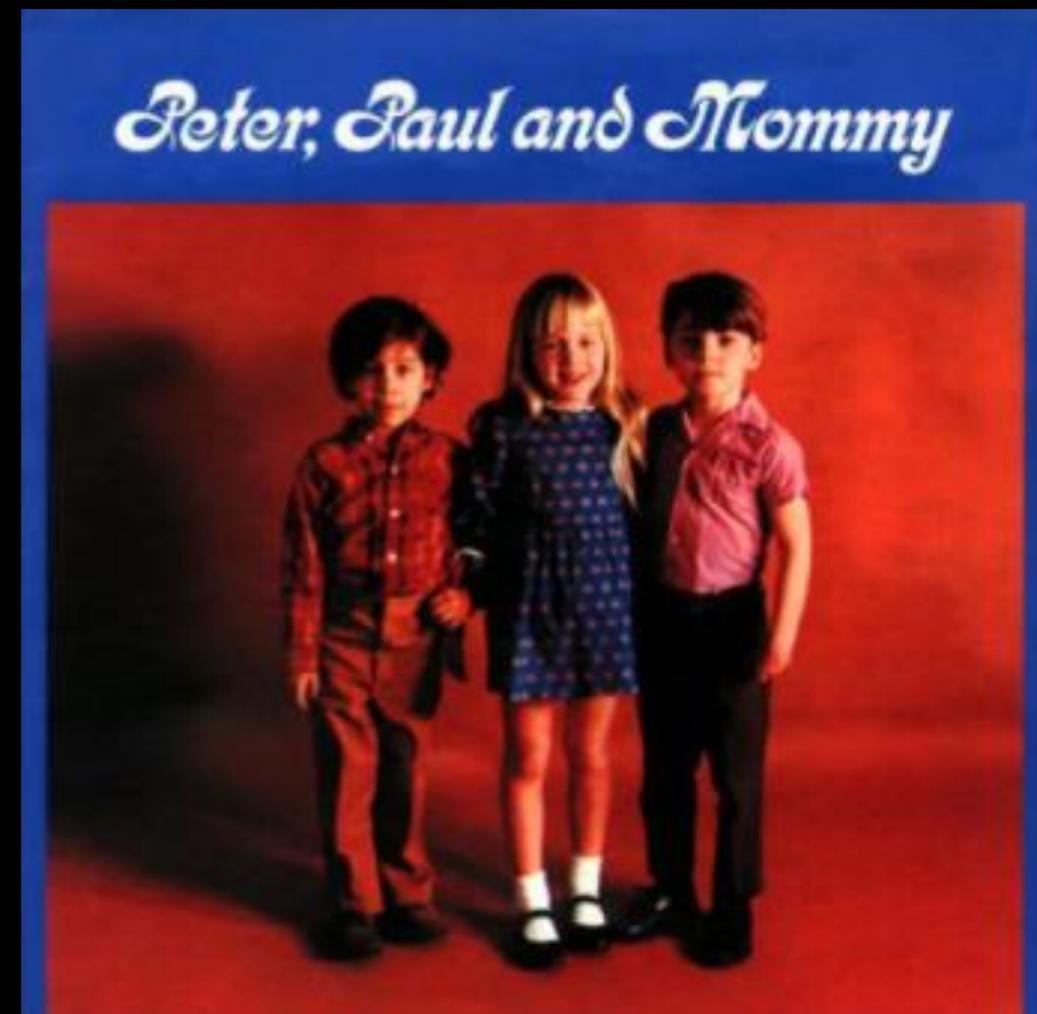
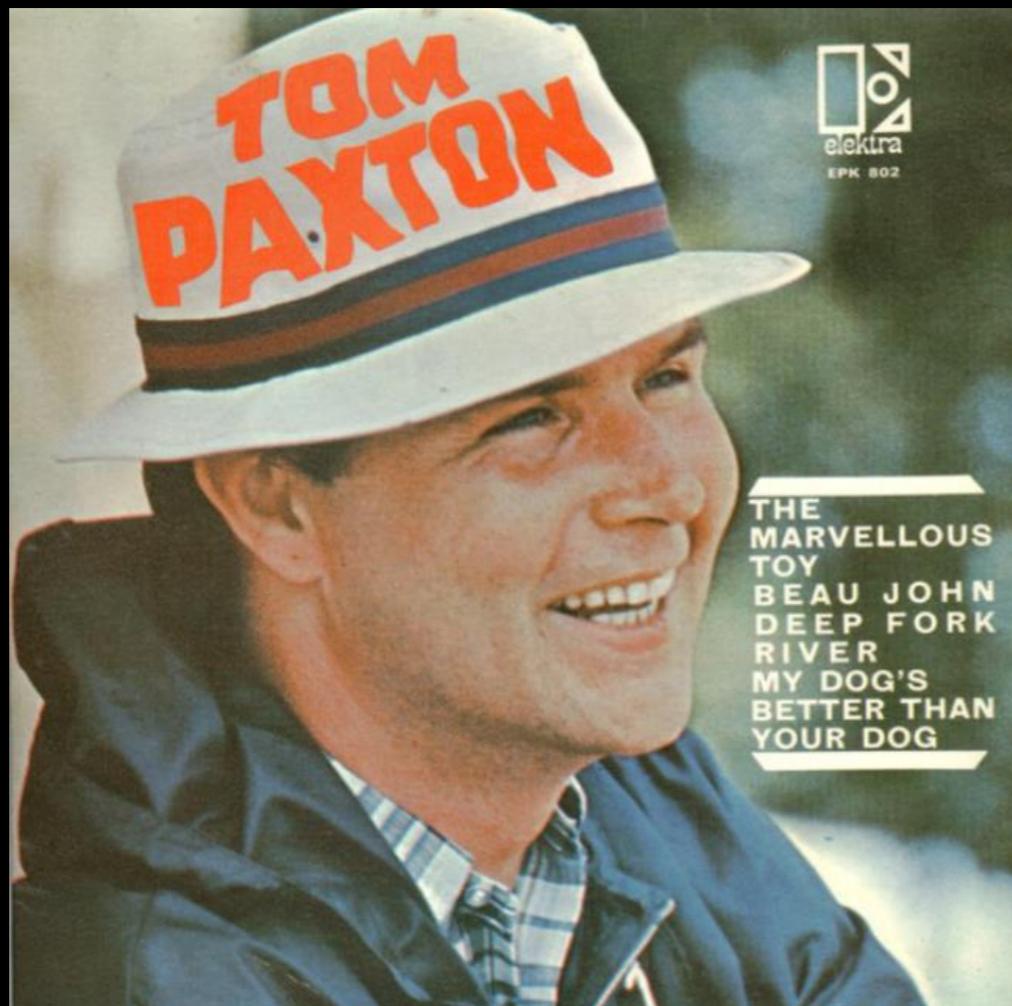
His head was bent in sorrow, green scales fell like rain  
Puff no longer went to play along the cherry lane  
Without his lifelong friend, Puff could not be brave  
So Puff, that mighty dragon, sadly slipped into his cave

Oh, Puff the magic dragon lived by the sea  
And frolicked in the autumn mist in a land called Honah Lee  
Puff the magic dragon lived by the sea

## Intro to Song #7:

The 'Marvelous Toy' was written in 1962 by folk singer Tom Paxton, and was first released on his album of songs recorded live at the 'Gaslight Cafe', Greenwich Village, *I'm The Man That Built The Bridges*.

The following year, in 1963, the Chad Mitchell Trio covered 'The Marvelous Toy' as the promotional single from their album *Singin' Our Mind*. It just missed the US Top-40 but peaked at #20 on the MOR chart. Another folk trio, Peter, Paul & Mary, recorded a version in 1969 for the album *Peter, Paul and Mommy* which would peak at #12 on the Album chart and received Gold record status. The album would go on to win a Grammy Award in 1970 for *Best Album for Children*."



# The Marvelous Toy

*(Brown, p. 33)*

When I was just a wee little lad, full of health and joy  
My father homeward came one night and gave to me a toy  
A wonder to behold it was, with many colors bright  
And the moment I laid eyes on it, it became my heart's delight

**It went ZIP when it moved and BOP when it stopped  
and WHIRR when it stood still  
I never knew just what it was and I guess I never will**

The first time that I picked it up, I had a big surprise  
For right on its bottom were two big buttons that looked like big green eyes  
I first pushed one and then the other, and then I twisted its lid  
And when I set it down again, here is what it did: *(chorus)*

## The Marvelous Toy - continued

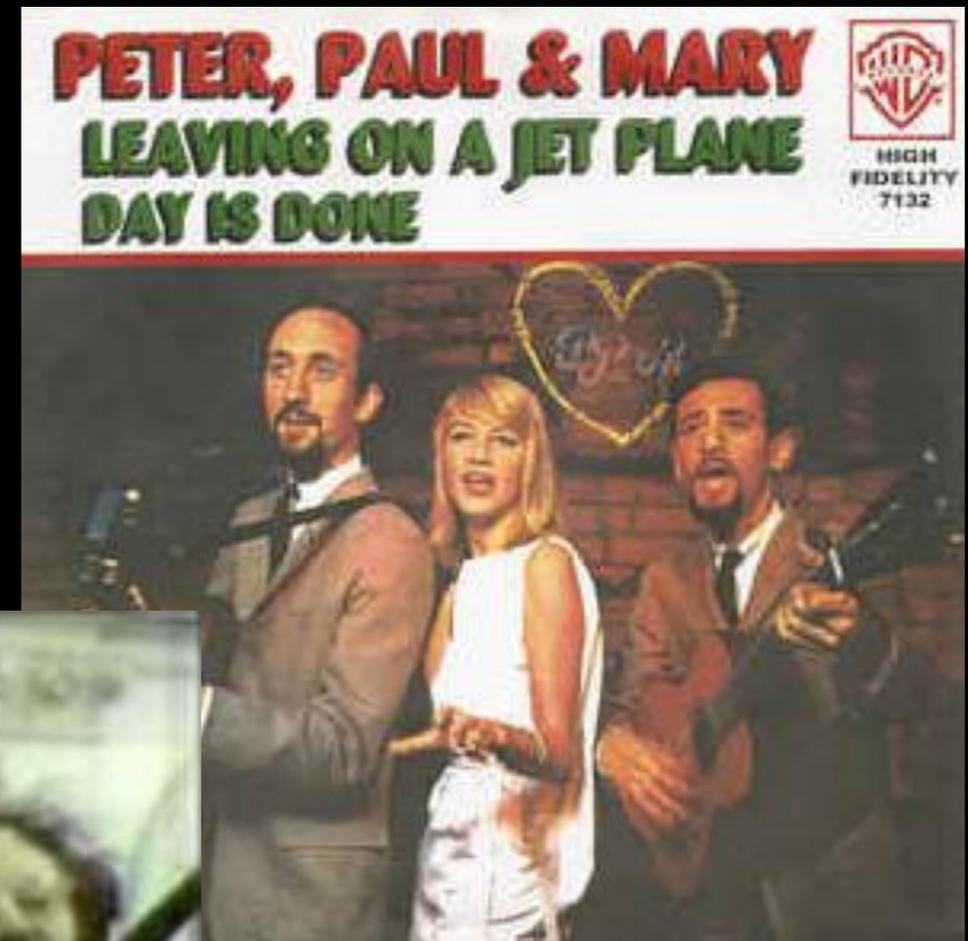
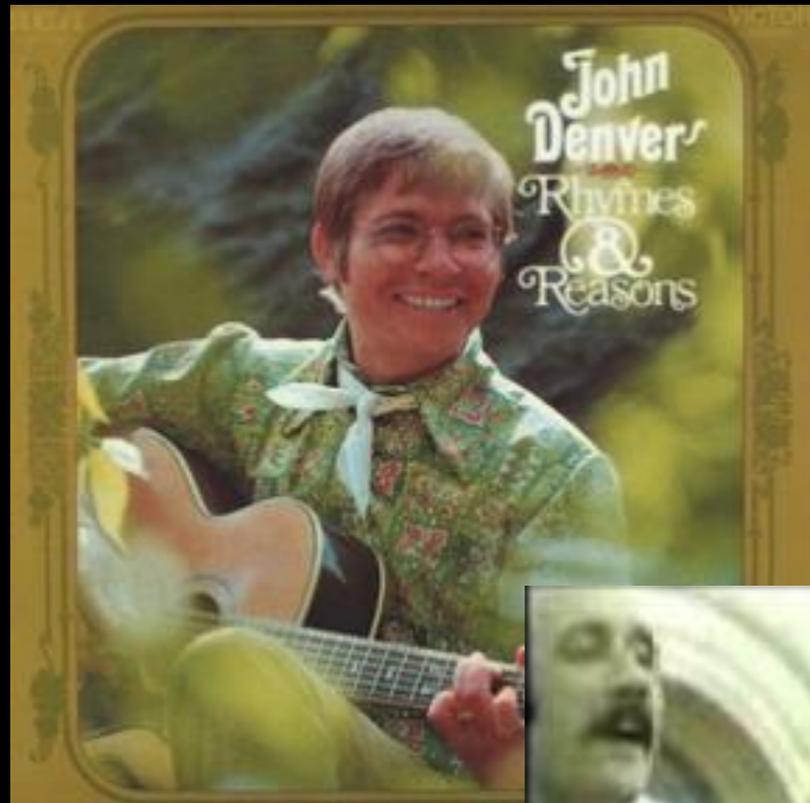
It first marched left and then marched right and then marched under a chair  
And when I looked where it had gone, it wasn't even there  
I started to cry, and my daddy laughed for he knew that I would find,  
When I turned around, my marvelous toy chugging from behind (*chorus*)

**It went ZIP when it moved and BOP when it stopped  
and WHIRR when it stood still  
I never knew just what it was and I guess I never will**

Well, the years have gone by too quickly, it seems.  
I have my own little boy  
And yesterday I gave to him my marvelous little toy  
His eyes nearly popped right out of his head -  
he gave a squeal of glee  
Neither one of us knows just what it is, but he loves it just like me  
It still goes... (*chorus*)

## Intro to Song #8:

In December 1969 "Leaving on a Jet Plane", written by the group's friend John Denver, became their only No. 1 single (as well as their final top 40 pop hit) and the group's sixth million-selling gold single.



# Leaving on a Jet Plane

*(Brown, p. 66)*

All my bags are packed, I'm ready to go  
I'm standin' here outside your door  
I had to wake you up to say goodbye  
But the dawn is breakin', it's early morn  
Taxi's waitin', he's blowin' his horn  
Already I'm so lonesome I could cry, so

Kiss me and smile for me  
Tell me that you'll wait for me  
Hold me like you'll never let me go  
I'm leaving' on a jet plane  
I don't know when I'll be back again

Oh babe, I hate to go

# Leaving on a Jet Plane – continued

There's so many times I've let you down  
So many times I've played around  
I tell you now they don't mean a thing  
Every place I go I think of you  
Every song I sing, I sing for you  
When I come back, I'll wear your wedding ring, so

Now the time has come to leave you  
One more time, let me kiss you  
Then close your eyes, I'll be on my way  
Dream about the days to come  
When I won't have to leave along  
About the time I won't have to say...

Kiss me and smile for me  
Tell me that you'll wait for me  
Hold me like you'll never let me go  
I'm leaving' on a jet plane  
I don't know when I'll be back again



Announcements?

Updates?

Questions?

Requests?



**Self-Help for  
the Elderly**  
安老自助處



## Listening and Healing Circle for the Asian Elder Community

### 亞裔長者族群 — 聆聽與療癒

**Time: June 2<sup>nd</sup>, 2021, Wednesday, 11:30AM – 12:30PM PDT**

Description: This group aims to provide a safe space to heal together as we process recent hate crimes against our communities and the effects on our personal and work lives. Mindfulness techniques will be practiced together at the end of the discussion to release the tension in our body and mind.

**時間：6月2日, 星期三, 11:30AM – 12:30PM PDT**

簡介：該小組旨在為我們提供一個安全的空間，讓我們一起探討最近針對社區的仇恨犯罪，及其對我們個人生活和工作的影響。在討論中一同舒發心中的壓力，讓我們的心靈共同治癒。討論結束時大家將一起練習正念技巧，以釋放身心的緊張感。

Please use the zoom information below for registration:

請使用以下會議資料註冊及參加課程:

**Meeting ID 會議帳號: 924 4717 3928**

**Passcode 會議密碼: 377535**

Speaker 演講者



Que Phan (Tammy) Vuong,  
LCSW 臨床社會工作者



Tina Choi, the CEO and Founder  
of Travonde, Inc.

Travonde, Inc. 的首席執行官兼  
創始人



SAN MATEO COUNTY LGBTQ+ PRIDE 2021

# AS DIVERSE as the UNIVERSE

JUNE 6 - 12, 2021

ART • MUSIC • WORKSHOPS • FAMILY-FRIENDLY ACTIVITIES

Check out [smcpridecelebration.com](https://smcpridecelebration.com)  
for events every day between June 6 and June 12!

SMC LGBTQ+ PRIDE 2021 IS FREE, OPEN TO ALL, AND A SOBER SPACE.



SAN MATEO COUNTY HEALTH  
BEHAVIORAL HEALTH  
& RECOVERY SERVICES



Daly City Active Adults/ Seniors

Published by Ann Cooney · 19h ·



# Memorial Day 2021 Daly City

Please see event video at:  
[www.Facebook.com/DalyCitySeniors](http://www.Facebook.com/DalyCitySeniors)



# Happy Trails

By Roy Rogers and Dale Evans

*(Yellow, p. 56)*

Happy trails to you, until we meet again  
Happy trails to you, keep smiling until then  
Who cares about the clouds when we're together  
Just sing a song and bring the sunny weather  
Happy trails to you 'til we meet again



“Good to sing together! Let’s do this again two weeks from today on Tuesday, June 15 at 11 am.”





*Thank you, Gloria Soliz!*

[www.DalyCitySeniors.org](http://www.DalyCitySeniors.org)

[www.Facebook.com/DalyCitySeniors](https://www.facebook.com/DalyCitySeniors)

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